

TOPHAT SOCCER CLUB

LH-11 Seven-a-side

- Play seven-a-side with up to fourteen players per team. Six field players plus a goalkeeper.
- 32 minute halves.
- Players will be changed every eight minutes, including the goalie. *Substitutions should be made quickly because the clock continues to run.*
- Goalkeepers will use the standard six second rule. Goalies are not allowed to punt the ball, it must be thrown into play.
- *We are adding a "Build Out Line" (dotted line). On goal kicks and goalie throws, all opponents must retreat beyond the build out line. Once goal kick is taken, game is on.*
- Coaches and players must remain in designated areas on the opposite side from the spectators. No one is allowed to stand behind the end lines or around the goal. When coaching from the touchline, try to help only the players who are not actively involved with the ball.
- Coaches are not allowed to interfere with the referee in any way, and are not allowed on the field without the referee's permission.
- Special goalie shirts will be provided at game time and must be passed on to the following team or collected and returned to the staff.
- Keeping score should not be encouraged, try to concentrate only on how the players perform. Remember that the major objective is that all players are having FUN!
- **POSITIVE REINFORCEMENT** by coaches and parents is highly recommended.
- Players must be at the field 15 minutes prior to the scheduled start of play, and on time for practice. Please note that due to the players' age, this is a parent responsibility.
- The REFEREE is in charge of the game. Coaches may confer with the referee at halftime or after the game, but not during the game. Any complaints should be taken to the referee coordinator or the program director.