

All Up & Back Grid

Play 6-a-side or less without goalkeepers. All attackers must be over the halfway line into their attacking half for a goal to count. All defenders must be over the halfway line in their defending half or a goal counts double. Use cone to mark the center line and to make the goals.

This fun game will work on keeping everyone focussed. The players not involved with the play still need to be aware if they need to get up the field or back for the goal to count.

