

Greeting Game

This is a great game to play at the first practice.

Mark out a large square with cones.

Each player has a ball and dribbles around inside the square.

The coach will yell out a greeting gesture (ex. Shake hands, elbow tap, high five, fist bump, foot tap) and the players should dribble up to a teammate and do the gesture and say their name.

Coaches should play too.

