

## Rainbow Run

Mark out a large area with cones.

Place four different color items (shirts, book bags, water bottles) at each corner of the square.

Have all the players jog around inside the square. When the coach yells out a color, the players will race around the corner marked with that color. Play a couple of rounds without the ball. Once the players get comfortable learning where the colors are, play the game with each player dribbling a soccer ball. This helps the player look up while they dribble.

