

Sequence Passing

Divide the players into groups of 5. Number the players 1 thru 5. Each group has one ball.

Player number 1 starts with the ball and passes to player number 2.

Passing continue in sequence, then play number 5 passes to player number 1. Continue!

Players without the ball must be moving. If they are the next to receive the ball they must call for it "PASS".

Make the space large or small so the players practice controlling the ball and spacing out.

No pass should be shorter than 5 feet.

